How can we eat better for the climate? In this talk bestselling author Paul Greenberg will walk us through 13 simple steps you can take to change how you choose, cook, and manage your food. For a preview have a look at www.paulgreenberg.org.

Paul Greenberg writes at the intersection of the environment and technology, seeking to help his readers escape screens and find emotional and ecological balance with their planet. He is the author of six books including the New York Times bestseller and Notable Book Four Fish: The Future of the Last Wild Food. His other books are The Climate Diet, Goodbye Phone, Hello World, The Omega Principle, American Catch, and the novel, Leaving Katya.

Paul's writing on oceans, climate change, health, technology, and the environment appears regularly in The New York Times and many other publications. He’s the recipient of a James Beard Award for Writing and Literature, a Pew Fellowship in Marine Conservation, a National Endowment for the Arts Literature Fellowship and many other grants and awards.