

# Class Aware:

## Class and Classism in Congregational Life

Join others at your congregation to explore how socio-economic class influences our values, coping styles, and expectations about others. Explore intersectional and systemic causes of extreme inequality and how to engage in cross-class activism. A combination of self-reflection, small group sharing, large group discussion and videos are used. Generate how to make your congregation an even more welcoming place for people of all social class backgrounds.

Curriculum is free online at <http://www.uufames.org/class-aware>. It is designed for use by people with facilitation skills who don't have to be experts in class.

### Some comments about the program:

“A very honest, frank discussion about social class issues and how to respond from our faith principles.”

“An eye opening and mind changing course about class...interactive, evidence based and uses the principles of adult learning.”

“Provocative and well organized.”

“Introspective, educational, inspiring.”

“Absolutely valuable, informative, and participatory.”

“Do it!”

**Developer:** Suzanne Zilber is a retired psychologist in Cleveland Heights, Ohio. Raised reformed Jewish, she attended the UU Fellowship of Ames Iowa for 31 years and has been a member of the UU Congregation of Cleveland for over one year. She developed the 5th edition of this curriculum for national use by the UUA in 2016 and has recently revised and field tested the curriculum.

Curriculum website: [www \[dot\] uu f ames \[dot\] org \[slash\] class \[dash\] aware](http://www.uufames.org/class-aware)